

Women's Health Partners, LLC

6859 SW 18th Street, Suite 200, Boca Raton, Florida 33433-7060
Phone: 561 368-3775 Fax: 561 392-7139

DXA Bone Densitometry Report: Wednesday, February 12, 2025

Your patient [REDACTED] completed a BMD test on 02/12/2025 using the Lunar Prodigy Advance DXA System (software version: 13.60) manufactured by GE Medical Systems LUNAR. The following summarizes the results of our evaluation.

PATIENT BIOGRAPHICAL:

Name: [REDACTED]
Patient ID: [REDACTED] Birth Date: [REDACTED]/1961
Gender: Female Exam Date: 02/12/2025 Height: 61.0 in.
Indications: Early Menopause, Fractures: RIBS, SCAPULA, Humerus, FOOT OR ANKLE Weight: 135.0 lbs.
Advanced Age, Treatments: ARMOUR
Hypothyroid, History of Fracture (Adult), THYROID, BONE
Caucasian, Bilateral UP, ERT, Vitamin D
Ovariectomy

DENSITOMETRY RESULTS:

Site	Region	Measured Date	Measured Age	WHO Classification	Young Adult T-score	BMD	%Change vs. Previous	Significant Change (*)
AP Spine	L1-L4	02/12/2025	63.9	Normal	-0.8	1.090 g/cm ²	8.6%	-
AP Spine	L1-L4	01/31/2024	62.8	Osteopenia	-1.5	1.004 g/cm ²	15.1%	Yes
AP Spine	L1-L4	01/25/2023	61.8	Osteoporosis	-2.6	0.872 g/cm ²	-	Yes
DualFemur	Neck Left	02/12/2025	63.9	Normal	-0.9	0.912 g/cm ²	2.4%	-
DualFemur	Neck Left	01/31/2024	62.8	Osteopenia	-1.1	0.891 g/cm ²	5.8%	-
DualFemur	Neck Left	01/25/2023	61.8	Osteopenia	-1.4	0.842 g/cm ²	-	Yes
DualFemur	Neck Right	02/12/2025	63.9	Osteopenia	-1.3	0.860 g/cm ²	-2.3%	-
DualFemur	Neck Right	01/31/2024	62.8	Osteopenia	-1.1	0.880 g/cm ²	7.8%	-
DualFemur	Neck Right	01/25/2023	61.8	Osteopenia	-1.6	0.816 g/cm ²	-	Yes
DualFemur	Total Left	02/12/2025	63.9	Normal	-0.4	0.962 g/cm ²	1.3%	-
DualFemur	Total Left	01/31/2024	62.8	Normal	-0.5	0.950 g/cm ²	7.1%	-
DualFemur	Total Left	01/25/2023	61.8	Normal	-1.0	0.887 g/cm ²	-	Yes
DualFemur	Total Right	02/12/2025	63.9	Normal	-0.4	0.960 g/cm ²	0.7%	-
DualFemur	Total Right	01/31/2024	62.8	Normal	-0.4	0.953 g/cm ²	7.1%	-
DualFemur	Total Right	01/25/2023	61.8	Normal	-0.9	0.890 g/cm ²	-	Yes

ASSESSMENT:

The BMD measured at Femur Neck Right is 0.860 g/cm² with a T-score of -1.3. This patient is considered osteopenic according to World Health Organization (WHO) criteria. Bone density is between 10 and 25% below young normal. Fracture risk is moderate.

World Health Organization (WHO) criteria for post-menopausal, Caucasian Women:

Normal: T-score at or above -1 SD
Osteopenia: T-score between -1 and -2.5 SD
Osteoporosis: T-score at or below -2.5 SD

RECOMMENDATIONS:

All patients should ensure an adequate intake of dietary calcium (1200 mg/d) and vitamin D (400-800 IU daily). Guidelines for treatment are based on Bone Density, Frax and Prior Treatment. Refer to Patient Chart for specifics on this patient.

FOLLOW-UP:

People with diagnosed cases of osteoporosis or at high risk for fracture should have regular bone mineral density tests. Patient should consult with physician, regarding future dexta scans.

Based on these results, a follow-up exam is recommended in February 2027.

Exam Date: 02/12/2025

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Patient: [REDACTED]
Birth Date: [REDACTED] 63.9 years
Height / Weight: 61.0 in. 135.0 lbs.
Sex / Ethnic: Female White

Patient ID: [REDACTED]
Referring Physician: DR SAMUEL KAUFMAN
Measured: 02/12/2025 11:00:55 AM (13.60)
Analyzed: 02/12/2025 11:03:14 AM (13.60)

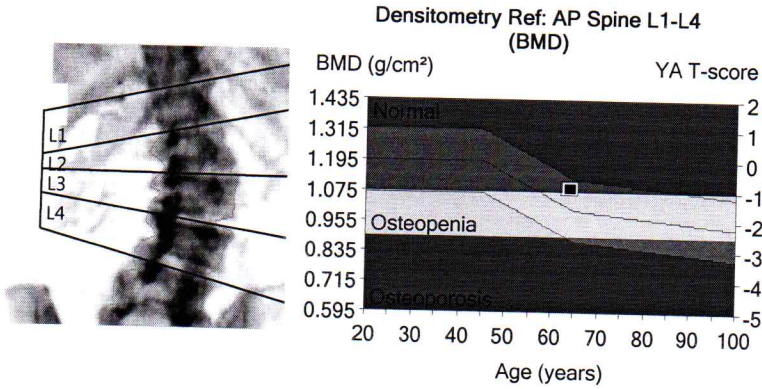


Image not for diagnosis

Matched for Age, Ethnic
USA (Combined NHANES (ages 20-30) / Lunar (ages 20-40)) AP Spine Reference Population (v112)

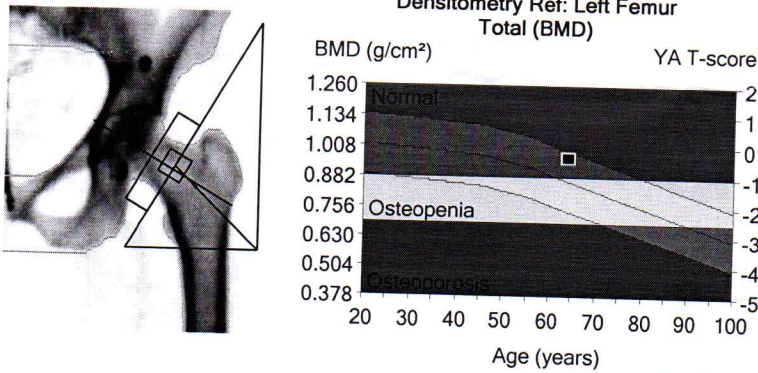


Image not for diagnosis

Matched for Age, Ethnic
USA (Combined NHANES (ages 20-30) / Lunar (ages 20-40)) Femur Reference Population (v112)
Statistically 68% of repeat scans fall within 1SD (± 0.012 g/cm² for Left Femur Total)

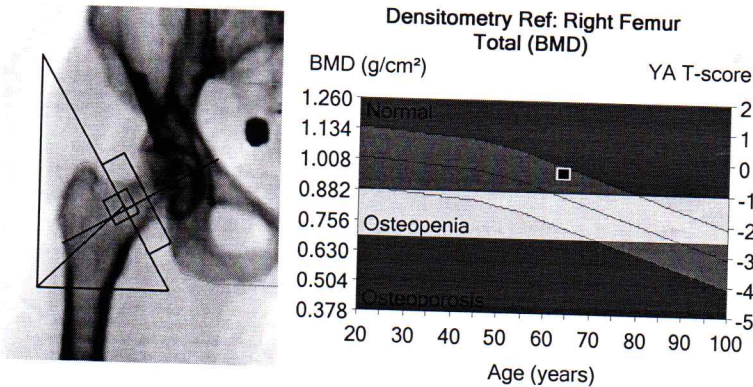


Image not for diagnosis

Matched for Age, Ethnic
USA (Combined NHANES (ages 20-30) / Lunar (ages 20-40)) Femur Reference Population (v112)
Statistically 68% of repeat scans fall within 1SD (± 0.012 g/cm² for Right Femur Total)



GE Healthcare

Lunar Prodigy Advance
PA-140070

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Patient:

Birth Date:

Height / Weight:

Sex / Ethnic:

61.0 in. 135.0 lbs.
Female White

Referring Physician:

DR SAMUEL KAUFMAN

Measured:

02/12/2025 11:02:57 AM (13.60)

Analyzed:

02/12/2025 11:03:39 AM (13.60)

DualFemur FRAX*

Risk Factors:

- ☐ None
- ☐ Alcohol (3 or more units per day)
- ☐ Family Hist. (Parent hip fracture)
- ☐ Glucocorticoids (Chronic)
- ☒ History of Fracture (Adult)
- ☐ Secondary Osteoporosis
- ☐ Rheumatoid Arthritis
- ☐ Tobacco User (Current Smoker)

10-year Probability of Fracture:¹⁷

Major Osteoporotic ¹⁸	13.9%
Hip	1.2%
Population	USA (Caucasian)
Based on DualFemur (Right) Neck BMD	

*FRAX is a trademark of the University of Sheffield Medical School's Centre for Metabolic Bone Disease, a World Health Organization (WHO) Collaborating Centre.

COMMENTS:

Printed: 02/12/2025 11:07:55 AM (13.60); Filename: x1vkr302u.dfx; Right Femur; 17.3:%Fat=28.6%; Neck Angle (deg)= 60; Verify there is sufficient pelvis-shaft separation.; Scan Mode: Standard 37.0 µGy; Left Femur; 16.8:%Fat=31.5%; Neck Angle (deg)= 60; Verify there is sufficient pelvis-shaft separation.; Scan Mode: Standard 37.0 µGy
FRAX v3.1

17 - The 10-year probability of fracture may be lower than reported if the patient has received treatment.

18 - Major Osteoporotic Fracture: Clinical Spine, Forearm, Hip or Shoulder



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JAY, AFTER 2 YEARS OF CONTINUOUS USE @ 10-20 MIN/DAY AT 30-32 HZ SETTING, IN ADDITION TO SUPPLEMENTS (Life Extension Strontium, Bone Restore + Vitamin K2 Vitamins & Minerals Maintain Bone, Vitamins D & K) MY BONE SCAN WENT FROM OSTEOPOROSIS TO OSTEOPENIA (YEAR 1) TO NORMAL!!! (YEAR 2) MY GYNOCOLOGIST ASKED ME TO WRITE DOWN THE INFORMATION ON THE PLAN I FOLLOWED SO HE COULD PROVIDE IT TO HIS OTHER PATIENTS. (IF YOU SEND ME YOUR EMAIL, I CAN SEND YOU A COPY OF MY BONE SCAN) THANK YOU SO MUCH!!!