

My motivation isn't money. I would just like to help others. Your vibration plate is of high quality and priced very reasonably compared to others that cost thousands. I am going to do a video for AlgeaCal and I will see if I can include your product name in it. If nothing else, I can put you in touch with the person I am conversing with at AlgeaCal. I have found 32 HZ is my sweet spot with your machine. I've attached the messages from my health care providers, and the full DEXA reports are within the body. Kaiser doesn't allow me to share the report, but I was able to copy and paste the message with the report in a pdf. I will fill out your research questionnaire on Wednesday

BONE DENSITY STUDY

Collected on Oct 03, 2024 11:54 AM

Message from [REDACTED] PA, sent October 7, 2024 at 3:16 PM



Hello [REDACTED]

I have forwarded your results on to your primary care provider to arrange a follow-up appointment with you to discuss results and treatment options for osteoporosis. Please follow-up with primary care provider.

Kind regards,

[REDACTED] PA

[Results](#)

[Impression](#)

Osteoporosis (Lowest T-score ≤ -2.5)

COMMENT

Treatment indicated based on T-scores.

Signed By: Alan Plunkett, MD 10/4/2024 8:06 AM

[Narrative](#)

EXAM: DEXA BONE DENSITY HIP AND SPINE

EXAM DATE AND TIME: 10/03/2024 11:45 AM

Dictation by Cary Thorson, Radiology Practitioner Assistant, under the supervision of Dr. Plunkett.

BONE MINERAL DENSITOMETRY:

EQUIPMENT: Hologic Discovery W QDR (S/N 303132M)

Arapahoe site-specific Least Significant Change values are

AP spine = 0.035 g/cm²

Hips = 0.019 g/cm²

INDICATIONS: Tibial plateau fracture

ASSOC DX: Right tibial plateau fx, ndispl init

DATA

Anatomy..... BMD.....T-SCORE

AP Spine Levels =L1, L3-L4

AP Spine..... **-4.5

Left Femoral Neck..... **-2.8

Left Total Hip..... **-2.2

Right Femoral Neck..... **-2.8

Right Total Hip..... **-3.0

**By agreement with the Endocrinology Department, BMD values will no longer be reported. If BMD values are needed, they are available on the PACS images, which can be accessed from the electronic medical record by clicking on the "Nilread Image Link" located just above this report.

COMPARISON

No comparable prior exam available. A comparable prior exam is one that was performed on the same equipment, at the same Kaiser facility, and with the same measurement technique.

Test Results List

DEXA BONE DENSITY AXIAL AND APPENDICULAR

Collected on Nov 14, 2025 11:25 AM

Message from [REDACTED], MD, sent November 15 at 1:03 PM



MD Nov 15, 1:03 PM

Dear [REDACTED]

Your bone density has showed significant improvement and you still have osteoporosis. The worst is in your spine. I would like to talk to you about therapy options. I have asked the nurse to contact you to set up a phone appointment. You are welcome to do this if you wish.

Best wishes,

[REDACTED], MD

Results

Ingression

Osteoporosis (lowest T-score ≤ -2.5)

COMMENT:

Treatment based on T-score

Signed By: Alan Plunkett, MD 11/14/2025 5:42 PM

Narrative

EXAM: DEXA BONE DENSITY HIP, SPINE, RADIUS

EXAM DATE AND TIME: 11/14/2025 11:14 AM

Dictation by Jake Heffern, Radiology Practitioner Assistant, under the supervision of Dr. Plunkett.

BONE MINERAL DENSITOMETRY:

EQUIPMENT: Hologic Discovery W QDR (S/N 303160M)

Skyline site-specific Least Significant Change values are

AP spine = 0.020 g/cm²

Hips = 0.014 g/cm²

INDICATIONS: osteoporosis

ASSOC DX: Osteoporosis

DATA

Anatomy..... BMD..... T-SCORE

AP Spine Levels L1, L3, L4

AP Spine..... **-3.8

Left Femoral Neck..... **-2.5

Left Total Hip..... **-1.0

Right Femoral Neck..... **-2.5

Right Total Hip..... **-1.9

**By agreement with the Endocrinology Department, BMD values will no longer be reported. If BMD values are needed, they are available on the PACS images, which can be accessed from the electronic medical record by clicking on the "Nilread Image Link" located just above this report.

COMPARISON

Most Recent Prior Exam performed October 2024

Anatomy..... Type of Change..... BMD Change..... % Change

AP Spine Levels = L1, L3, L4

AP Spine..... Increase..... **15.0%

Left Total Hip.....	Increase.....	**	20.7%
Right Total Hip.....	Increase.....	**	22.9%

NSC = no significant change, meaning that the change is less than the Least Significant Change for this equipment.

*If used, "dissimilar data" means the comparison data for this anatomic location was obtained using a scan type or analysis method which is dissimilar to that used on the current equipment. Quantitative comparison may not be valid.